

Here are some examples of ways to obtain CPD credits:

QA ACTIVITIES & CREDITS	EXAMPLES
DENTAL TECHNOLOGY RELATED ACTIVIT	
Conferences 2 credits/day of general attendance Maximum 36 credits in a 3-year cycle	Spectrum Day Toronto (1 day)Technorama (2 days)
Dental Technology Related Courses 3 credits/course < 3 hours Maximum 72 credits in a 3-year cycle	 Courses at a conference or other modes: Courses (in-person or online) for the design, construction, repair/ alteration of a dental prosthetics Free Webinars for ADTO members Dental technology videos on YouTube Dental supplier webinars (e.g., Vita North America)
Journals 2 credits/year Maximum 18 credits in a 3-year cycle	CDTO The BridgeDental Technology TodaySpectrum Dialogue
CDTO Participation 6 credits/Board or Committee/year No maximum	Participation as a CDTO: Board Director Committee Member Ad Hoc Committee Member (Task Force/ Working Grp)
4 credits/day No maximum	Participation as a:
4 to 6 credits/occurrence No maximum	Participating in CDTO led consultations
NON-DENTAL TECHNOLOGY RELATED ACTIVITIES	
College Updates Board Meetings 4 credits/livestream Maximum 30 credits in a 3-year cycle	CDTO Board Meetings
Non-Dental Technology Courses 2 credits/course < 3 hours Maximum 30 credits in a 3-year cycle	First Aid, CPR, AEDWHMISAODA activities

The above is not an exhaustive list of recognized QA activities and available credits. Refer to the **Continuing Professional Development Guidelines** for more information.